

Weekly Planner

December

Mo	Tu	We	Th	Fr	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Week of

Healthy Habit for the Week

Weekly Goals	
Top 3 Priorities	
To Do	
Next Week	

Monday	Tuesday	Wednesday
Thursday	Friday	Saturday
		Sunday