Hospital List

	Clothing for Mom		For Baby
	Socks		Going home outfit for baby
	Robe		Outfits while in hospital (if not provided)
	Pajamas		Baby hat
	Disposable/old underwear		Scratch mittens
	Nursing bras		Receiving blanket
	Flip flops		Car seat
	Slippers		Diapers
	Loose going home clothes		Wipes
			Burp rag
	Communication		Soothers
	Phone		Southers
			Miscellaneous
	Phone charger		
	Laptop / tablet		Coins (for car parking/vending machines) Glasses / contacts (if required)
	Laptop charger		
	List of people to contact after birth		Magazines
	Photography Equipment		For Partner
	Camera		Toothbrush
	Video camera		Deodorant
	Charger for camera		Underwear
	Charger for video camera		Pillow
			Blanket
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	Toiletries		
	Toiletries		Magazines or book
	Shampoo and conditioner		Magazines or book Snacks
	Shampoo and conditioner Body wash		Magazines or book
	Shampoo and conditioner Body wash Tooth brush		Magazines or book Snacks Bottled water
	Shampoo and conditioner Body wash Tooth brush Tooth paste		Magazines or book Snacks Bottled water Documents
	Shampoo and conditioner Body wash Tooth brush Tooth paste Deodorant		Magazines or book Snacks Bottled water Documents Identification documents
	Shampoo and conditioner Body wash Tooth brush Tooth paste Deodorant Make up		Magazines or book Snacks Bottled water Documents Identification documents Insurance information
	Shampoo and conditioner Body wash Tooth brush Tooth paste Deodorant Make up Make up remover		Magazines or book Snacks Bottled water Documents Identification documents Insurance information Birth plan
	Shampoo and conditioner Body wash Tooth brush Tooth paste Deodorant Make up Make up remover Face wash		Magazines or book Snacks Bottled water Documents Identification documents Insurance information
	Shampoo and conditioner Body wash Tooth brush Tooth paste Deodorant Make up Make up remover Face wash Moisturizer		Magazines or book Snacks Bottled water Documents Identification documents Insurance information Birth plan Medical info
	Shampoo and conditioner Body wash Tooth brush Tooth paste Deodorant Make up Make up remover Face wash Moisturizer Body lotion		Magazines or book Snacks Bottled water Documents Identification documents Insurance information Birth plan Medical info Stationery
	Shampoo and conditioner Body wash Tooth brush Tooth paste Deodorant Make up Make up remover Face wash Moisturizer Body lotion Maxi pads		Magazines or book Snacks Bottled water Documents Identification documents Insurance information Birth plan Medical info Stationery Notebook
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	Shampoo and conditionerBody washTooth brushTooth pasteDeodorantMake upMake up removerFace washMoisturizerBody lotionMaxi padsNursing padsLip balmNipple creamBreast padsHair CareHair band/s		Magazines or book Snacks Bottled water Documents Identification documents Insurance information Birth plan Medical info Stationery Notebook Pen Food Snacks Bottled water
	Shampoo and conditionerBody washTooth brushTooth pasteDeodorantMake upMake up removerFace washMoisturizerBody lotionMaxi padsNursing padsLip balmNipple creamBreast padsHair Care		Magazines or bookSnacksBottled waterDocumentsIdentification documentsInsurance informationBirth planMedical infoStationeryNotebookPenFoodSnacksBottled waterDried prunes (to prevent constipation after