Hospital List

|  |  |  |  |
| --- | --- | --- | --- |
| For Baby |  | Clothing for Mom |  |
| Going home outfit for baby |  | Socks |  |
| Outfits while in hospital (if not provided) |  | Robe |  |
| Baby hat |  | Pajamas |  |
| Scratch mittens |  | Disposable/old underwear |  |
| Receiving blanket |  | Nursing bras |  |
| Car seat |  | Flip flops |  |
| Diapers |  | Slippers |  |
| Wipes |  | Loose going home clothes |  |
| Burp rag |  |  |  |
| Soothers |  | Communication |  |
|  |  | Phone |  |
| Miscellaneous |  | Phone charger |  |
| Coins (for car parking/vending machines) |  | Laptop / tablet |  |
| Glasses / contacts (if required) |  | Laptop charger |  |
| Magazines |  | List of people to contact after birth |  |
|  |  |  |  |
| For Partner |  | Photography Equipment |  |
| Toothbrush |  | Camera |  |
| Deodorant |  | Video camera |  |
| Underwear |  | Charger for camera |  |
| Pillow |  | Charger for video camera |  |
| Blanket |  |  |  |
| Magazines or book |  | Toiletries |  |
| Snacks |  | Shampoo and conditioner |  |
| Bottled water |  | Body wash |  |
|  |  | Tooth brush |  |
| Documents |  | Tooth paste |  |
| Identification documents |  | Deodorant |  |
| Insurance information |  | Make up |  |
| Birth plan |  | Make up remover |  |
| Medical info |  | Face wash |  |
|  |  | Moisturizer |  |
| Stationery |  | Body lotion |  |
| Notebook |  | Maxi pads |  |
| Pen |  | Nursing pads |  |
|  |  | Lip balm |  |
| Food |  | Nipple cream |  |
| Snacks |  | Breast pads |  |
| Bottled water |  |  |  |
| Dried prunes (to prevent constipation after birth) |  | Hair Care |  |
| Hair band/s |  |
|  |  | Brush |  |
|  |  | Shower cap |  |