Hospital List

|  |  |  |  |
| --- | --- | --- | --- |
| For Baby |  | Clothing for Mom |  |
| Going home outfit for baby |[ ]  Socks |[ ]
| Outfits while in hospital (if not provided) |[ ]  Robe |[ ]
| Baby hat |[ ]  Pajamas |[ ]
| Scratch mittens |[ ]  Disposable/old underwear |[ ]
| Receiving blanket |[ ]  Nursing bras |[ ]
| Car seat |[ ]  Flip flops |[ ]
| Diapers |[ ]  Slippers |[ ]
| Wipes |[ ]  Loose going home clothes |[ ]
| Burp rag |[ ]   |  |
| Soothers |[ ]  Communication |  |
|  |  | Phone |[ ]
| Miscellaneous |  | Phone charger |[ ]
| Coins (for car parking/vending machines) |[ ]  Laptop / tablet |[ ]
| Glasses / contacts (if required) |[ ]  Laptop charger |[ ]
| Magazines |[ ]  List of people to contact after birth |[ ]
|  |  |  |  |
| For Partner |  | Photography Equipment |  |
| Toothbrush |[ ]  Camera |[ ]
| Deodorant |[ ]  Video camera |[ ]
| Underwear |[ ]  Charger for camera |[ ]
| Pillow |[ ]  Charger for video camera |[ ]
| Blanket |[ ]   |  |
| Magazines or book |[ ]  Toiletries |  |
| Snacks |[ ]  Shampoo and conditioner |[ ]
| Bottled water |[ ]  Body wash |[ ]
|  |  | Tooth brush |[ ]
| Documents |  | Tooth paste |[ ]
| Identification documents |[ ]  Deodorant |[ ]
| Insurance information |[ ]  Make up |[ ]
| Birth plan |[ ]  Make up remover |[ ]
| Medical info |[ ]  Face wash |[ ]
|  |  | Moisturizer  |[ ]
| Stationery |  | Body lotion |[ ]
| Notebook |[ ]  Maxi pads |[ ]
| Pen |[ ]  Nursing pads |[ ]
|  |  | Lip balm |[ ]
| Food |  | Nipple cream |[ ]
| Snacks |[ ]  Breast pads |[ ]
| Bottled water |[ ]   |  |
| Dried prunes (to prevent constipation after birth) |[ ]  Hair Care |  |
|  |  | Hair band/s |[ ]
|  |  | Brush |[ ]
|  |  | Shower cap |[ ]