The 12 Week Year Weekly Plan

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| Tuesday | | |  | | |  | | | Monday | |  |  | Sunday | | | |  | | | |  | | |
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|  | Friday | | | | | | |  | Thursday | |  |  | Wednesday | | |  | | | |  | | | |
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| Score | |  | | |  | | | | 1. Set your goals for the 12 week period. 2. Lists all the tactics (tasks) that are the top priorities and will have the greatest impact in achieving your overall goals. 3. Add 1/12 of these tasks to this weekly plan. 4. Give each task a score according to the impact it will have or just give each task 1 point if it is difficult to determine. | | |  | Saturday | |  | | | |  | | | | |
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| Total activities completed in weekly plan | | | |  | | |  | |  |  | | | | |  | | | |  |
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| Total activities in weekly plan | | | |  | | |  | |  |  | | | | |  | | | |  |
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| Percentage of activities completed | | | |  | | |  | |  |  | | | | |  | | | |  |
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