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| **Monday** | | **Friday** | |
| Bathrooms | * Wash the floors * Clean the toilets * Clean the counters and sinks | Bedrooms | * Tidy bedrooms * Change sheets |
| **Tuesday** | | **Saturday** | |
| Floors | * Vacuum and clean floors | Kitchen | * Clean sinks and counters * Wipe down appliances * Wash the kitchen floor * Clean microwave * Wipe counters |
| **Wednesday** | | **Sunday** | |
| Kitchen | * Clean stove * Get rid of old food in the fridge * Wipe the fridge shelves * Wipe counter | Bathrooms | * Wash bath towels and rugs * Clean the mirrors * Wipe down the tubs and showers |
| **Thursday** | | **Daily** | |
| Living Room | * Tidy living room * Dust * Fold throw blankets | * Empty trash * Make beds * Wash dishes * One load of laundry | |