Weekly Planner

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week of |  | Healthy Habit for the Week |  |  |  |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Wednesday** | | **Tuesday** | | **Monday** | |  | **Weekly Goals** | |
|  | |  | |  | |  |  |
|  |  |
|  |  |
|  |  |
| **Top 3 Priorities** | |
|  |  |
|  |  |
|  | **B** |  | **B** |  | **B** |  |  |
|  | **L** |  | **L** |  | **L** | **To Do** | |
|  | **D** |  | **D** |  | **D** |  |  |
| O O O O O O O O | **W** | O O O O O O O O | **W** | O O O O O O O O | **W** |  |  |
| **Saturday** | | **Friday** | | **Thursday** | |  |  |
|  | |  | |  | |  |  |
|  | **B** |  |  |
|  | **L** |  |  |
|  | **D** |  |  |
| O O O O O O O O | **W** |  |  |
| **Sunday** | |  |  |
|  | | **Next Week** | |
|  | **B** |  | **B** |  | **B** |  |  |
|  | **L** |  | **L** |  | **L** |  |  |
|  | **D** |  | **D** |  | **D** |  |  |
| O O O O O O O O | **W** | O O O O O O O O | **W** | O O O O O O O O | **W** |  |  |