Grocery List

Meat

🞏 bacon

🞏 chicken

🞏 deli meat

🞏 ground beef

🞏 hot dogs

🞏 sausage

🞏 steak

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

Fish

🞏 catfish

🞏 cod

🞏 halibut

🞏 salmon

🞏 shrimp

🞏 tilapia

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

Personal Care

🞏 conditioner

🞏 cotton balls

🞏 cotton swabs

🞏 dental floss

🞏 deodorant

🞏 hand soap

🞏 mouthwash

🞏 razors/blades  
🞏 shampoo

🞏 shaving cream

🞏 soap

🞏 sunscreen

🞏 tissues

🞏 toothbrush

🞏 toothpaste

🞏 vitamins

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

Fruits

🞏 apples

🞏 bananas

🞏 berries

🞏 grapes

🞏 pineapples

🞏 lemons

🞏 melons

🞏 oranges

🞏 peaches

🞏 pears

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

Vegetables

🞏 broccoli

🞏 cabbage

🞏 cauliflower

🞏 carrots

🞏 celery

🞏 corn

🞏 cucumbers

🞏 garlic

🞏 green beans

🞏 kale

🞏 lettuce

🞏 mushrooms

🞏 onions

🞏 peppers

🞏 potatoes

🞏 salad greens

🞏 pumpkin

🞏 sprouts

🞏 sweet potatoes

🞏 tomatoes

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

Seasoning & Sauces

🞏 bbq sauce

🞏 honey

🞏 ketchup

🞏 lemon juice

🞏 mayonnaise

🞏 mustard

🞏 olive oil

🞏 pepper

🞏 salt

🞏 soup mix

🞏 spices

🞏 salad dressing

🞏 salsa

🞏 soy sauce

🞏 vegetable oil

🞏 vinegar

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

Pasta & Rice

🞏 couscous

🞏 lasagna

🞏 macaroni

🞏 pasta

🞏 rice (brown)

🞏 rice (white)

🞏 spaghetti

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

Baby

🞏 baby cereal

🞏 baby food

🞏 baby wash

🞏 cotton swabs

🞏 diapers

🞏 diaper cream

🞏 baby snacks

🞏 milk formula

🞏 wipes

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

Pets

🞏 pet food

🞏 shampoo

🞏 pet treats

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

Cleaning

🞏 bleach

🞏 dish cloths

🞏 dish soap

🞏 dishwasher soap

🞏 fabric softener

🞏 floor cleaner

🞏 glass spray

🞏 gloves

🞏 laundry soap

🞏 sponges

🞏 toilet cleaner

🞏 \_\_\_\_\_\_\_\_\_\_

Drinks

🞏 beer

🞏 club soda

🞏 coffee

🞏 energy drinks

🞏 juice

🞏 soft drinks

🞏 tea

🞏 wine

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

Paper Products

🞏 aluminum foil

🞏 baking paper

🞏 cups

🞏 garbage bags

🞏 muffin cups

🞏 napkins

🞏 paper plates

🞏 paper towels

🞏 plastic bags

🞏 plastic cutlery

🞏 plastic wrap

🞏 straws

🞏 tissues

🞏 toilet paper

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

Others

🞏 batteries

🞏 cereal

🞏 light bulbs

🞏 insect repellent

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

Baking

🞏 baking powder

🞏 baking soda

🞏 bread crumbs

🞏 cake mix

🞏 chocolate chips

🞏 cocoa

🞏 cornstarch

🞏 cooking spray

🞏 flour

🞏 frosting

🞏 gelatin

🞏 oatmeal

🞏 pancake mix

🞏 sugar (brown)

🞏 sugar (white)

🞏 sugar substitute

🞏 vanilla extract

🞏 yeast

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

Canned

🞏 apple sauce

🞏 baked beans

🞏 bouillon cubes

🞏 canned fruit

🞏 carrots

🞏 jelly (jam)

🞏 olives

🞏 pasta sauce

🞏 peanut butter

🞏 pickles

🞏 soup

🞏 sweet corn

🞏 tuna fish

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

Frozen

🞏 chicken nuggets

🞏 fish sticks

🞏 fries

🞏 ice

🞏 ice cream

🞏 juice

🞏 pizza

🞏 popsicles

🞏 tv dinners

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

Bakery

🞏 bagels

🞏 bread

🞏 cake

🞏 cookies

🞏 hamburger buns

🞏 hot dog buns

🞏 muffins

🞏 pastries

🞏 pita bread

🞏 rolls

🞏 tortillas

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

Snacks

🞏 candy

🞏 cookies

🞏 crackers

🞏 dried fruit

🞏 fruit snacks

🞏 graham crackers

🞏 granola bars

🞏 gum

🞏 nuts

🞏 popcorn

🞏 potato chips

🞏 pretzels

🞏 tortilla chips

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

Refrigerated

🞏 butter /margarine

🞏 cheddar

🞏 cream

🞏 cream cheese

🞏 cottage cheese

🞏 eggs

🞏 feta cheese

🞏 milk

🞏 mozzarella

🞏 shredded cheese

🞏 sour cream

🞏 fruit juice

🞏 whipped cream

🞏 yogurt

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_

🞏 \_\_\_\_\_\_\_\_\_\_